



MEDICINE

**INTEGRATED ACADEMIC
STUDIES**

SIXTH YEAR OF STUDY

2025/2026

HEALTH EDUCATION

Subject:

HEALTH EDUCATION

The course is valued at 3 ECTS. There are 3 classes of active classes per week (2 classes of lectures and 1 class of seminar in a small group).

TEACHERS AND ASSOCIATES:

RB	Name and surname	E-mail address	Title
1.	Ivana Simic Vukomanovic	drivanasimic@gmail.com	Associate professor
2.	Snezana Radovanovic	jovanarad@yahoo.com	Associate Professor
3.	Katarina Janicijevic	kaja.andreja@yahoo.com	Assistant Professor

COURSE STRUCTURE:

Module	Module name	Sunday	Lectures	Work in a small group	Teacher-supervisor module
1	Health education 1	7	2	1	Ivana Simic Vukomanovic, Associate professor
2	Health education 2	8	2	1	Ivana Simic Vukomanovic Associate professor
					$\Sigma 30 + 15 = 45$

EVALUATION:

The student masters the subject by modules. The score is equivalent to the number of points acquired (see tables). Points are earned in three ways:

ACTIVITY DURING CLASSES: This way a student can gain up to 15 points by answering one exam questions from that week of teaching in a special part of the exercise and in accordance with the demonstrated knowledge he received 0 – 1 points.

FINAL TESTS BY MODULE: This way a student can gain up to 30 points according to the attached table.

PAPER: This way a student can gain up to 25 points – the paper on the given topic must be orally defended.

FINAL EXAM: This way a student can gain up to 30 points.

MODULE		MAXIMUM POINTS				
		activity during classes	final test per module	student paper	EXAM (final test)	Σ
1	HEALTH EDUCATION 1	7	15	25	30	
2	HEALTH EDUCATION 2	8	15			
Σ		15	30	25	30	100

The final grade is formed as follows:

In order for a student to pass the course, he must gain a minimum of 51 points and pass all the modules and final exam.

To pass the module the student must:

1. Gain more than 50% points on that module
2. Gain more than 50% of the points provided for teaching activity in each module
3. Pass the module test, i.e. to have more than 50% correct answers.
4. The final exam is taken as a test of 30 questions.

number of points won	assessment
0 - 50	5
51 - 60	6
61 - 70	7
71 - 80	8
81- 90	9
91 - 100	10

TESTS BY MODULES

MODULE 1.

FINAL TEST **0-15 POINTS**

EVALUATION **FINAL TEST**

There is a test with 15 questions
Each correct answer is worth 1 point

MODULE 2.

FINAL TEST **0-15 POINTS**

EVALUATION **FINAL TEST**

There is a test with 15 questions
Each correct answer is worth 1 point

FINAL EXAM

EVALUATION OF THE FINAL TEST

The test has 30 questions; each correct answer is worth 1 point

LITERATURE:

1. Detels R, Karim QA, Baum F, Li L, Leyland A. Oxford Textbook of Global Public Health, 7 edn. Oxford: Oxford University Press, 2021.
2. Poland B, Green LW, Rootman I. Settings for health promotion: Linking theory and practice. Thousand Oaks, CA: Sage, 2000. Glanz
3. K, Rimer BK, Viswanath K, editors. Health behavior and Health Education. 4 th edition. San Francisco, CA: Jossey-Bass A Wiley imprint; 2008.
4. WHO. Ottawa Charter for Health Promotion, 1986.

All lectures and materials for working in a small group can be found on the website of the Faculty of Medical Sciences: www.medf.kg.ac.rs

THE PROGRAM:

FIRST MODULE

TOPIC 1 (WEEK 1):

Contemporary Approaches to Health Promotion and Health Education

Lectures + seminars in small groups (2 + 1)

TOPIC 2 (WEEK 2):

Health Education Strategies

Lectures + seminars in small groups (2 + 1)

TOPIC 3 (WEEK 3):

Health promotion and Healthy Lifestyles

Lectures + seminars in small groups (2 + 1)

TOPIC 4 (WEEK 4):

The importance of health education for the prevention of cardiovascular and cerebrovascular diseases

Lectures + seminars in small groups (2 + 1)

TOPIC 5 (WEEK 5):

The importance of health education for the prevention of malign diseases

Lectures + seminars in small groups (2 + 1)

TOPIC 6 (WEEK 6):

The importance of health education for the prevention of diabetes mellitus and obesity

Lectures + seminars in small groups (2 + 1)

TOPIC 7 (WEEK 7):

The importance of nutrition and physical activity

Lectures + seminars in small groups (1 + 1)

TOPIC 8 (WEEK 8):

The importance of health education for the prevention of infective diseases

Lectures + seminars in small groups (2 + 1)

TOPIC 9 (WEEK 9)

The importance of health education for the prevention of respiratory disease

Lectures + seminars in small groups (2 + 1)

TOPIC 10 (WEEK 10)

The importance of health education for trauma prevention

Lectures + seminars in small groups (2 + 1)

TOPIC 11 (WEEK 11)

The importance of health education for improving reproductive health

Lectures + seminars in small groups (2 + 1)

TOPIC 12 (WEEK 12)

The importance of health education for improving mental health

Lectures + seminars in small groups (2 + 1)

TOPIC 13 (WEEK 13)

The importance of health education for preventing the abuse of psychoactive substances

Lectures + seminars in small groups (2 + 1)

TOPIC 14 (WEEK 14)

The importance of health promotion and health education in a community

Lectures + seminars in small groups (2 + 1)

TOPIC 15 (WEEK 15)

The importance of health education for youth health preservation

Lectures + seminars in small groups (2 + 1)

HEALTH EDUCATION

Module	Sunday	Type	The name of the methodological unit	Teacher
1	1	L	Contemporary Approaches to Health Promotion and Health Education	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	1	S	Contemporary Approaches to Health Promotion and Health Education	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	2	L	Health Education Strategies	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	2	S	Health Education Strategies	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	3	L	Healthy Lifestyles	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	3	S	Health promotion and Healthy Lifestyles	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	4	L	The importance of health education for the prevention of cardiovascular and cerebrovascular diseases	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	4	S	The importance of health education for the prevention of cardiovascular and cerebrovascular diseases	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	5	L	The importance of health education for the prevention of malign diseases	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	5	S	The importance of health education for the prevention of malign diseases	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic

HEALTH EDUCATION

Module	Sunday	Type	The name of the methodological unit	Teacher
	6	L	The importance of health education for the prevention of diabetes mellitus and obesity	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	6	S	The importance of health education for the prevention of diabetes mellitus and obesity	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
1	7	L	The importance of nutrition and physical activity	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	7	S	The importance of nutrition and physical activity	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
		FTM	FINAL TEST OF MODULE 1	
2	8	L	The importance of health education for the prevention of infective diseases	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	8	S	The importance of health education for the prevention of infective diseases	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	9	L	The importance of health education for the prevention of respiratory disease	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	9	L	The importance of health education for the prevention of respiratory disease	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	10	S	The importance of health education for trauma prevention	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic

HEALTH EDUCATION

Module	Sunday	Type	The name of the methodological unit	Teacher
	10	L	The importance of health education for trauma prevention	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	11	S	The importance of health education for preserving reproductive health	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	11	L	The importance of health education for preserving reproductive health	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	12	S	The importance of health education for preserving mental health	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	12	L	The importance of health education for preserving mental health	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
2	13	S	The importance of health education for preventing the abuse of psychoactive substances	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	13	L	The importance of health education for preventing the abuse of psychoactive substances	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	14	L	The importance of health promotion and health education in a community	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	14	S	The importance of health promotion and health education in a community	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic

HEALTH EDUCATION

Module	Sunday	Type	The name of the methodological unit	Teacher
	15	L	The importance of health education for youth health preservation	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
	15	S	The importance of health education for youth health preservation	Ivana Simic Vukomanovic Snezana Radovanovic Katarina Janicijevic
		FTM	FINAL TEST OF MODULE 2	
			EXAM	