



**THIRD YEAR OF STUDIES**

school year 2023/2024.

# Psychological medicine

Course:

## **Psychological medicine**

The course is evaluated with 3 ECTS. There are 3 hours of active teaching per week (2 hours of lectures, 1 hour of other forms of teaching-seminar).

## TEACHERS AND ASSOCIATES:

<b>SN</b>	<b>Name and surname</b>	<b>Email address</b>	<b>title</b>
1.	Vladimir Janjic	vladadok@yahoo.com	Full Professor
2.	Dragana Ignjatović Ristić	Draganaristic4@gmail.com	Full Professor
3.	Mirjana Jovanovic	drminjaj@yahoo.com	Full Professor
4.	Snežana Radovanović	jovanarad@yahoo.com	Associate Professor
5.	Branimir Radmanović	biokg2005@yahoo.com	Assistant Professor
6.	Milan Đorđić	mcpikac@gmail.com	Assistant
7.	Slađana Veselinović	sladjave@gmail.com	Teaching Associate
8.	Ermin Fetahović	erminfetahovic96@gmail.com	Teaching Associate

## **COURSE GOAL:**

Introducing students to the unique biopsychosocial being of man; different reactions of sick people to the disease, as well as different interactions between doctors/health workers and patients. They will master knowledge about the influence of psychological factors and the importance of stress in the development of psychosomatic diseases. They will also gain knowledge about ways to overcome stress and manage pain. They will master the knowledge that will enable them to recognize the burnout syndrome at work, along with strategies to overcome it.

## **COURSE OUTCOME:**

Upon completion of the History of Medicine course, the student is expected to acquire basic knowledge of:

- Biopsychosocial unity of man
- The sick person's reaction to the disease
- Understands the psychological aspects of health and illness and the psychological aspects of treatment/treatment of various diseases
- Gains knowledge about the psychologically healthy - desirable relationship of doctors/health workers with the patient and his immediate environment
- The student masters the skill of recognizing different psychological reactions to a symptom, illness and the importance of seeking professional help and social support
- Understands the role of stress in the onset of psychosomatic diseases and ways to overcome stress
- Understands the psychological aspects of serious diseases and terminal conditions (cancer, AIDS).

## **ASSESSMENT:**

**SEMINAR PAPERS:** In this way, the student can earn up to 20 points. Each student receives a topic for a seminar paper in each module that he teaches in written form. The preparation, content and form of the seminar paper are evaluated. A list of topics for seminar papers will be offered to students in the first term of the course.

**EVALUATION OF THE CLINICAL SEMINAR:** In this way, the student can gain up to 20 points. Preparedness, manner of presentation, inclusion of others in the discussion are evaluated. A list of topics for clinical seminars will be offered to students in the first term of the course (one seminar can be prepared by one or more students).

**FINAL TEST:** In this way, the student can gain up to 60 points.

### **The final grade is formed as follows:**

In order to pass the course, the student must obtain a minimum of 51 points, namely:

1. obtains more than 50% of the points provided for the seminar work
2. obtain more than 50% of the points provided for the clinical seminar
3. pass the final test, i.e. have more than 50% correct answers.

<b>the number of points earned</b>	<b>grade</b>
<b>0 – 50</b>	<b>5</b>
<b>51 – 60</b>	<b>6</b>
<b>61 – 70</b>	<b>7</b>
<b>71 – 80</b>	<b>8</b>
<b>81 – 90</b>	<b>9</b>
<b>91 – 100</b>	<b>10</b>

# **FINAL TEST**

## **EVALUATION OF THE FINAL TEST**

The test has 30 questions  
Each question is worth 2 points

**LITERATURE:**

<b>the name of the textbook</b>	<b>AUTHORS</b>	<b>PUBLISHER</b>	<b>LIBRARY</b>	<b>READING ROOM</b>
Psychological medicine.	Mišić Pavkov G, Knežević V.	Novi Sad: Faculty of Medicine Novi Sad; in 2020	yes	yes
Health psychology.	Berger D.	Belgrade: Center for Applied Psychology; in 1997	yes	yes
Psychological medicine.	Klein E.	Zagreb: Golden Marketing; in 1999	yes	yes

All lectures are available on the website of the Faculty of Medical Sciences: [www.medf.kg.ac.rs](http://www.medf.kg.ac.rs)

## WEEKLY COURSE SCHEDULE

COURSE	WEDNESDAY
<b>PSYCHOLOGICAL MEDICINE</b> (2+1)	<b>LECTURES</b> <b>12:00 - 13:30</b> Anatomical Hall (H2)  <b>SEMINAR</b> <b>13:30 - 15:45</b> Anatomical Hall (H2)



<b>week</b>	<b>type</b>	<b>method unit name</b>	<b>teacher</b>
1	<b>L</b>	INTRODUCTION AND THE TERM OF PSYCHOLOGICAL MEDICINE.	Full Prof. dr Vladimir Janjić Asst. Prof. dr Branimir Radmanović
1	<b>S</b>	CLINICAL SEMINARS PRESENTATION	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
2	<b>L</b>	BIOPSYCHOSOCIAL MODEL OF HEALTH AND DISEASE	Full Prof. dr Vladimir Janjić Asst. Prof. dr Branimir Radmanović Full Prof. dr Dragana Ignjatović Ristić
2	<b>S</b>	Health and disease.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
3	<b>L</b>	STRESS AND MENTAL TRAUMA	Full Prof. dr Vladimir Janjić Full Prof. dr Dragana Ignjatović Ristić Asst. Prof. dr Branimir Radmanović
3	<b>S</b>	Understanding the relationship between stress and illness.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
4	<b>L</b>	INFLUENCE OF PSYCHOLOGICAL FACTORS ON DISEASE.	Full Prof. dr Mirjana Jovanović
4	<b>S</b>	Models and strategies for promoting health behavior aimed at reducing health problems.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
5	<b>L</b>	PSYCHOSOMATIC MEDICINE	Full Prof. dr Vladimir Janjić Full Prof. dr Dragana Ignjatović Ristić Asst. Prof. dr Branimir Radmanović
5	<b>S</b>	Giving information to the patient and family about the disease.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
6	<b>L</b>	DOCTOR-PATIENT-EMPATHY RELATIONSHIP.	Full Prof. dr Vladimir Janjić Asst. Prof. dr Branimir Radmanović Full Prof. dr Dragana Ignjatović Ristić
6	<b>S</b>	Communication in healthcare, empathy, professional relationship.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
7	<b>L</b>	PSYCHOLOGICAL REACTIONS TO SYMPTOMS, DISEASE AND THE IMPORTANCE OF SEEKING PROFESSIONAL HELP AND SOCIAL SUPPORT.	Asst. Prof. dr Branimir Radmanović Full Prof. dr Vladimir Janjić Full Prof. dr Dragana Ignjatović Ristić

<b>week</b>	<b>type</b>	<b>method unit name</b>	<b>teacher</b>
7	<b>S</b>	Health behavior and change, as well as coping mechanisms and coping with illness.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
8	<b>L</b>	CHILD AND PARENT REACTION TO ILLNESS	Full Prof. dr Dragana Ignjatović Ristić
8	<b>S</b>	Getting to know the principles of establishing health habits at different ages.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
9	<b>L</b>	AGING AND REACTION TO DISEASE.	Asst. Prof. dr Branimir Radmanović Full Prof. dr Vladimir Janjić Full Prof. dr Dragana Ignjatović Ristić
9	<b>S</b>	Conversation (communication) of a doctor/ health worker with a sick person.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
10	<b>L</b>	PSYCHOLOGICAL REACTIONS IN DISEASES WITH AN ADVERSE PROGNOSIS.	Full Prof. dr Dragana Ignjatović Ristić Asst. Prof. dr Branimir Radmanović
10	<b>S</b>	Psychological approach and interventions in working with patients suffering from various chronic and acute diseases.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
11	<b>L</b>	PSYCHOLOGICAL REACTIONS OF THE POPULATION TO SIGNIFICANT LIFE EVENTS IN THE SOCIETY	Full Prof. dr Vladimir Janjić Asst. Prof. dr Branimir Radmanović Full Prof. dr Dragana Ignjatović Ristić
11	<b>S</b>	Preparation of patients for diagnostic and therapeutic processes.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
12	<b>L</b>	STIGMA, PREJUDICE AND DISCRIMINATION IN MEDICINE	Full Prof. dr Dragana Ignjatović Ristić Full Prof. dr Vladimir Janjić Asst. Prof. dr Branimir Radmanović
12	<b>S</b>	Relationship between social support and health.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
13	<b>L</b>	BURNOUT SYNDROME OF HEALTHCARE WORKERS.	Assoc. Prof. Snežana Radovanović Full Prof. dr Vladimir Janjić
13	<b>S</b>	Factors that influence the development of healthy habits and lifestyle.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
14	<b>L</b>	REACTIONS TO HANDICAP AND DISABILITY. SUPPORT IN REHABILITATION.	Asst. Prof. dr Branimir Radmanović Full Prof. dr Dragana Ignjatović Ristić Full Prof. dr Vladimir Janjić
14	<b>S</b>	Recognizing the symptoms of burnout syndrome and methods for overcoming it.	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović

<b>week</b>	<b>type</b>	<b>method unit name</b>	<b>teacher</b>
15	<b>L</b>	PLACEBO AND NOCEBO EFFECT	Full Prof. dr Vladimir Janjić Asst. Prof. dr Branimir Radmanović Full Prof. dr Dragana Ignjatović Ristić
15	<b>S</b>	CLINICAL SEMINARS PRESENTATION	Asst. dr Milan Đorđić, dr Slađana Veselinović, dr Ermin Fetahović
<b>FT</b>	<b>FINAL TEST</b>		
<b>E</b>	<b>EXAM (june)</b>		